



2024

Summary of Benefits



St. Tammany

**Ochsner Health Plan Premier (HMO)
H9763-003-002**

**Ochsner Health Plan Freedom (HMO POS)
H9763-004-002**

Medicare Advantage Plans with Prescription Drugs

Please contact **Ochsner Health Plan** at 1-833-674-2112. TTY: 711.

Hours are 8:00 a.m. to 8:00 p.m. seven days a week from October 1st to March 31st
and 8:00 a.m. to 8:00 p.m. Monday through Friday, April 1st to September 30th.

This is a summary of drug and health services covered by
Ochsner Health Plan Premier (HMO) H9763-003-002
Ochsner Health Plan Freedom (HMO POS) H9763-004-002
January 1, 2024 - December 31, 2024

Ochsner Health Plan is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in the Plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the “Evidence of Coverage” by calling Member Services toll-free at 1-833-674-2112. Hours are 8:00 a.m. to 8:00 p.m. seven days a week from October 1st to March 31st and 8:00 a.m. to 8:00 p.m. Monday through Friday, April 1st to September 30th (TTY users call 711), or visit our website at www.ochsnerhealthplan.com.

To join an Ochsner Health Plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area. The service area for Ochsner Health Plan Premier 003-002, and Freedom 004-002 includes the following Louisiana Parishes: St. Tammany.

Ochsner Health Plan Medicare Advantage plans have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

Because Ochsner Health Plan Freedom is an HMO-POS plan, you may use Point-of-Service (POS) providers that are outside of our network for an additional cost. Out-of-network/non-contracted providers are under no obligation to treat Ochsner Health Plan Freedom members, except in emergency situations. Please call our member services number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.



Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Monthly Plan Premium	You pay \$0 per month	You pay \$0 per month	You must continue to pay your Medicare Part B premium.
Part B Premium Reduction	\$10 per month	Not applicable.	
Annual Medical Deductible	\$0	\$0	There is no medical deductible.
Maximum Out-of-Pocket Responsibility (does not include prescription drugs or out-of-network services)	\$4,500 annually	\$4,500 annually	The most you pay for copays, coinsurance, and other costs for in-network medical services in a year.
Inpatient Hospital	\$175 copay per day for days 1-10 per admission \$0 copay per day 11 and beyond per admission You pay these amounts until you reach the out-of-pocket maximum.	In-network \$175 copay per day for days 1-10 per admission \$0 copay for days 11 and beyond per admission You pay these amounts until you reach the out-of-pocket maximum. Out-of-network 20% per admission	<i>Your provider may need to obtain prior authorization.</i>

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Outpatient Hospital Ambulatory Surgery Center	\$175 copay per visit \$0 copay for diagnostic colonoscopy	In-network \$175 copay per visit \$0 copay for diagnostic colonoscopy Out-of-network 20% coinsurance per visit	<i>Your provider may need to obtain prior authorization.</i>
Outpatient Hospital Including Surgery	\$175 copay per visit \$0 copay for diagnostic colonoscopy	In-network \$175 copay per visit Out-of-network 20% coinsurance per visit \$0 for diagnostic colonoscopy	<i>Your provider may need to obtain prior authorization.</i>
Outpatient Observation Services	\$0 copay per visit	In-network \$0 copay per visit Out-of-network 20% coinsurance per visit	<i>Your provider may need to obtain prior authorization.</i>
Doctor Visits Primary Care	\$0 copay per visit	In-network \$0 copay per visit Out-of-network 20% coinsurance per visit	
Specialist Care	\$25 copay per visit	In-network \$25 copay per visit Out-of-network 20% coinsurance per visit	
Preventive Care (e.g. flu vaccine, COVID-19 vaccine, diabetic screenings)	You pay \$0 copay	In-network \$0 copay per visit Out-of-network Not covered.	Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Emergency Care (local and world-wide)	\$90 copay per visit (for both in-network and out-of-network)	\$90 copay per visit (for both in-network and out-of-network)	If you are admitted to the hospital within 24 hours, the emergency room copay is waived.
Urgently Needed Services (local and world-wide)	\$25 copay per visit (for both in-network and out-of-network)	\$25 copay per visit (for both in-network and out-of-network)	
Diagnostic Services/Labs/Imaging - Diagnostic Radiology Services (e.g. MRI) - Lab Services - Diagnostic Tests and Procedures - Therapeutic Radiology and Outpatient X-Rays	\$0 copay for diagnostic mammogram \$125 copay for Medicare-covered radiological diagnostic services \$0 copay for each Medicare-covered lab service \$10 copay \$20 copay	In-network \$0 copay for diagnostic mammogram \$125 copay for Medicare-covered radiological diagnostic services Out-of-network 20% coinsurance In-network \$0 copay for each Medicare-covered lab service Out-of-network 20% coinsurance In-network \$10 copay Out-of-network 20% coinsurance In-network \$35 copay Out-of-network 20% coinsurance	<i>Your provider may need to obtain prior authorization.</i>

Premiums and Benefits	Ochsner Health Plan Premier (HMO)	Ochsner Health Plan Freedom (HMO POS)	Ochsner Health Plan Heroes (HMO POS)	What You Should Know
Hearing Services • Medicare-covered diagnostic hearing and balance evaluation exam • Hearing aids • Routine hearing exams • Hearing aid fitting/evaluations	\$20 copay Member’s receive a \$2,000 combined maximum allowance per calendar year for: - Hearing aids - Routine hearing exams - Hearing aid fitting/evaluations Members access this allowance through a designated “wallet” on the Ochsner Health Plan Flex Card. See Ochsner Health Plan Flex Card section for more information.	In-network \$20 copay Out-of-network 20% coinsurance Member’s receive a \$2,000 combined maximum allowance per calendar year for: - Hearing aids - Routine hearing exams - Hearing aid fitting/evaluations Members access this allowance through a designated “wallet” on the Ochsner Health Plan Flex Card. See Ochsner Health Plan Flex Card section for more information.	In-network \$20 copay Out-of-network 30% coinsurance Member’s receive a \$1,000 combined maximum allowance per calendar year for: - Hearing aids - Routine hearing exams - Hearing aid fitting/evaluations Members access this allowance through a designated “wallet” on the Ochsner Health Plan Flex Card. See Ochsner Health Plan Flex Card section for more information.	The Ochsner Health Plan Flex Card hearing allowance can be used to help cover costs for routine hearing care including, hearing aids, routine hearing exams and hearing aid fitting/evaluations at participating retailers, online and at qualified hearing provider locations. Visit https://flex.ochsnerhealthplan.com/ for more information.

Premiums and Benefits	Ochsner Health Plan Premier (HMO)	Ochsner Health Plan Freedom (HMO POS)	Ochsner Health Plan Heroes (HMO POS)	What You Should Know
Dental Services - Preventive Dental - Comprehensive Dental	\$0 copay per Medicare-covered visit \$3,000 combined maximum allowance per calendar year for preventive and comprehensive dental services. Covered services include: preventive oral exams, cleanings, x-rays, non-Medicare covered comprehensive exams, endodontics, restorative services, periodontics, extractions, prosthetics, other oral/maxillofacial surgery, and other services. Copays vary, please see your Evidence of Coverage for more information.	\$0 copay per Medicare-covered visit \$3,000 combined maximum allowance per calendar year for preventive and comprehensive dental services. Covered services include: preventive oral exams, cleanings, x-rays, non-Medicare covered comprehensive exams, endodontics, restorative services, periodontics, extractions, prosthetics, other oral/maxillofacial surgery, and other services. Copays vary, please see your Evidence of Coverage for more information.	\$0 copay per Medicare-covered visit \$3,000 combined maximum allowance per calendar year for preventive and comprehensive dental services. Covered services include: preventive oral exams, cleanings, x-rays, non-Medicare covered comprehensive exams, endodontics, restorative services, periodontics, extractions, prosthetics, other oral/maxillofacial surgery, and other services. Copays vary, please see your Evidence of Coverage for more information.	Preventive Dental (oral exams and cleanings) each service limited to two (2) treatments per year. Preventive and comprehensive dental services must be obtained from plan specified vendor. Visit www.ochsnerhealthplan.com for more information.

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Vision Services • Medicare-covered eye exam to diagnose and treat conditions and diseases of the eye • Medicare-covered glaucoma screening • Medicare-covered diabetic retinopathy screening • Medicare-covered eyewear (frames and lenses, or contact lenses) post cataract surgery • Routine eye exams • Routine eyewear eyewear (frames and lenses or contact lenses)	\$20 copay per visit \$0 copay \$0 copay \$0 copay \$20 copay \$400 maximum allowance per calendar year	In-network \$20 copay per visit Out-of-network 20% coinsurance In-network \$0 copay Out-of-network 20% coinsurance In-network \$0 copay Out-of-network Not covered. In-network \$0 copay Out-of-network 20% coinsurance \$20 copay \$400 maximum allowance per calendar year No out-of-network coverage for routine eye exams and routine eyewear.	Routine eye exams are limited to one (1) exam per calendar year. Routine eye exams and routine eyewear services must be obtained from plan specified vendor. Visit www.ochsnerhealthplan.com for more information.

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Mental Health Services - Inpatient visit - Outpatient Group Therapy Visit - Outpatient Individual Therapy Visit	\$175 copay per day for days 1-10 per admission \$0 copay for days 11-90 per admission. You pay these amounts until you reach the out-of-pocket maximum. \$25 copay \$25 copay	In-network \$175 copay per day for days 1-10 per admission \$0 copay for days 11-90 per admission. You pay these amounts until you reach the out-of-pocket maximum. Out-of-network 20% coinsurance In-network \$25 copay Out-of-network 20% coinsurance In-network \$25 copay Out-of-network 20% coinsurance	<i>Your provider may need to obtain prior authorization.</i>

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Skilled Nursing Facility (SNF)	\$0 copay per day for days 1-20 per admission \$165 copay for days 21-100 per admission	In-network \$0 copay per day for days 1-20 per admission. \$178 copay for days 21-100 per admission Out-of-network 20% per admission	Your provider may need to obtain prior authorization. Our plan covers up to 100 days in a SNF. Three (3) consecutive day inpatient hospital stay required prior to SNF admission.
Therapy Services • Occupational Therapy Visit • Physical Therapy Visit • Speech Therapy Visit	\$20 copay per visit \$20 copay per visit \$20 copay per visit	In-network \$20 copay per visit Out-of-network 20% coinsurance per visit	<i>Your provider may need to obtain prior authorization.</i>
Ambulance (local and world-wide)	\$235 copay for ground ambulance 20% coinsurance for air ambulance	In-network \$235 copay for ground ambulance 20% coinsurance for air ambulance Out-of-network 20% coinsurance for ground/air ambulance	<i>Your provider may need to obtain prior authorization for non-emergency transportation.</i>
Transportation	Not Covered	Not Covered	

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Medicare Part B Drugs	You pay 0% - 20% of the cost for Medicare-covered services	In-network You pay 0% - 20% of the cost for Medicare-covered services Out-of-network 20% coinsurance	<i>Your provider may need to obtain prior authorization.</i> For the administration of these drugs, you will pay the cost-sharing that applies to primary care provider services, specialist services, or the outpatient hospital services (as described under “Physician/Practitioner Services, including “Doctor’s Office Visits” or “Outpatient Hospital Services” in the Evidence of Coverage) depending on where you receive drug administration or infusion services.
Chiropractic Care	\$20 copay per visit	In-network \$20 copay per visit Out-of-network 20% coinsurance per visit	Manual manipulation of the spine to correct subluxation.

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Diabetes Management - Diabetes Monitoring Supplies - Diabetes Self-Management Training - Medicare-Covered Therapeutic Shoes or Inserts	\$0 copay for each Medicare-covered diabetic testing supply from a participating pharmacy 20% coinsurance for each Medicare-covered diabetic testing supply from a participating DME supplier \$0 copay per item You pay 20% coinsurance	In-network \$0 copay for each Medicare-covered diabetic testing supply from a participating pharmacy 20% coinsurance for each Medicare-covered diabetic testing supply from a participating DME supplier Out-of-network 20% coinsurance per item In-network \$0 copay per item Out-of-network 20% coinsurance per item In-network You pay 20% coinsurance Out-of-network 20% coinsurance	<i>Your provider may need to obtain prior authorization</i>

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Fitness Program	\$0 copay.	In-network \$0 copay No out-of-network coverage.	Must use network fitness facility. Program includes free Home Fitness Kit.
Foot Care (Podiatry)	\$25 copay per visit	In-network \$25 copay per visit Out-of-network 20% coinsurance per visit	<i>Your provider may need to obtain prior authorization.</i>
Home Health Services	You pay \$0 copay for Medicare- covered services	In-network You pay \$0 copay for Medicare-covered services Out-of-network 20% coinsurance for Medicare-covered services	<i>Your provider may need to obtain prior authorization.</i>



Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Hospice	You pay nothing for hospice care from any Medicare-approved hospice.	You pay nothing for hospice care from any Medicare-approved hospice.	You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.
Meal Benefit	\$0 copay	In-network \$0 copay No out-of-network coverage.	<i>Your provider may need to obtain prior authorization.</i> Immediately following surgery or inpatient hospital stay. Nutritional need must meet CMS criteria for this benefit. Allowance: 2 meals per day for 7 days per Medicare-covered inpatient discharge. No maximum number of meals per year.

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Medical Equipment/Supplies • Durable Medical Equipment (e.g. wheelchairs, oxygen) • Supplies • Prosthetics (e.g. braces, artificial limbs)	\$0 copay for each Medicare-covered diabetic testing supply from a participating pharmacy. Specific manufacturers covered and other limits may apply. 20% coinsurance for each Medicare-covered continuous glucose monitor (CGM) from a participating DME supplier 20% coinsurance for each Medicare-covered durable medical equipment 20% coinsurance for medical supplies 20% coinsurance for prosthetic devices	In-network \$0 copay for each Medicare-covered diabetic testing supply from a participating pharmacy. Specific manufacturers covered and other limits may apply 20% coinsurance for each Medicare-covered continuous glucose monitor (CGM) from a participating DME supplier 20% coinsurance for each Medicare-covered durable medical equipment 20% coinsurance for medical supplies 20% coinsurance for prosthetic devices Out-of-network 20% coinsurance	<i>Your provider may need to obtain prior authorization.</i>

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Ochsner Health Plan Flex Card	The Ochsner Health Plan Flex Card provides members access to two (2) separate “wallets” on a Visa debit card for the following benefits: - \$85 maximum allowance per calendar quarter for covered over-the-counter (OTC) drugs and health related items. Any funds left on the card at the end of each calendar quarter will expire. These funds will not roll over to the following calendar quarter. - \$2,000 combined maximum allowance per calendar year for routine hearing care. Any funds left on the card at the end of the calendar year will expire. These funds will not roll over to the following calendar year.	The Ochsner Health Plan Flex Card provides members access to two (2) separate “wallets” on a Visa debit card for the following benefits: - \$85 maximum allowance per calendar quarter for covered over-the-counter (OTC) drugs and health related items. Any funds left on the card at the end of each calendar quarter will expire. These funds will not roll over to the following calendar quarter. - \$2,000 combined maximum allowance per calendar year for routine hearing care. Any funds left on the card at the end of the calendar year will expire. These funds will not roll over to the following calendar year.	See Over-the-Counter Benefit in Chapter 4 of the Evidence of Coverage for more information. Visit https://flex.ochsnerhealthplan.com/ for more information. See Hearing Services in Chapter 4 of the Evidence of Coverage for more information. Visit https://flex.ochsnerhealthplan.com/ for more information.

Premiums and Benefits	Ochsner Health Plan Premier (HMO) St. Tammany	Ochsner Health Plan Freedom (HMO POS) St. Tammany	What You Should Know
Opioid Treatment Services	\$0 copay	In-network \$0 copay Out-of-network 20% coinsurance	<i>Your provider may need to obtain prior authorization .</i> Must be provided by a CMS certified Opioid Treatment Services Program.
Outpatient Substance Abuse Treatment – Group or Individual	\$20 copay	In-network \$20 copay Out-of-network 20% coinsurance	<i>Prior authorization required.</i>
Over-the-Counter (OTC) Benefit	\$85 maximum allowance per calendar quarter for over-the-counter (OTC) drugs and health related items. Members access this allowance through a designated “wallet” on the Ochsner Health Plan Flex Card. See Ochsner Health Plan Flex Card for more information.	\$85 maximum allowance per calendar quarter for over-the-counter (OTC) drugs and health related items. Members access this allowance through a designated “wallet” on the Ochsner Health Plan Flex Card. See Ochsner Health Plan Flex Card for more information.	The Ochsner Health Plan Flex Card can be used to purchase covered over-the-counter (OTC) drugs and health related items at participating retailers, or by phone, mail, or web order through the Ochsner Health Plan OTC store. Visit https://flex.ochsnerhealthplan.com/ for more information.
Renal dialysis	20% coinsurance	In-network 20% coinsurance Out-of-network 20% coinsurance	<i>Prior authorization required.</i>

Prescription Drugs

Stage 1:
Annual Prescription
Deductible

Since you have no deductible for Part D drugs, this payment stage doesn’t apply.

Stage 2: Initial
Coverage (After you
pay your deductible, if
applicable)

Retail
30-day supply

90-day supply

Mail Order
90-day supply

Tier 1:
Preferred Generic Drugs

\$0 copay

\$0 copay

\$0 copay

Tier 2:
Generic Drugs¹

\$10 copay

\$25 copay

\$25 copay

Tier 3:
Preferred Brand Drugs

\$45 copay

\$135 copay

\$135 copay

Covered Insulin Drugs²

\$35 copay

\$105 copay

\$105 copay

Tier 4:
Non-Preferred Brand
Drugs

\$100 copay

\$300 copay

\$300 copay

Tier 5:
Specialty Tier Drugs³

33% coinsurance

N/A³

N/A³

Stage 3:
Coverage Gap Stage

Tier 1 and Tier 2 Drugs are covered in the gap. For covered drugs on other tiers, after your total drug costs reach \$5,030, you pay 25% coinsurance for generic drugs and 25% coinsurance for brand name drugs during the coverage gap.

Prescription Drugs

Stage 4:
Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$8,000, you pay \$0 or 0% of the costs.

Other Limitations May Apply

- 1. Tier includes enhanced drug coverage.
- 2. You won't pay more than \$35 for a one-month supply of each covered insulin product regardless of the cost-sharing tier.
- 3. Limited to a 30-day supply.



Multi-Language Interpreter Service

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-833-674-2112. Someone who speaks English can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-833-674-2112. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-833-674-2112。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-833-674-2112。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-833-674-2112. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-833-674-2112. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-833-674-2112 sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelpplan. Unsere Dolmetscher erreichen Sie unter 1-833-674-2112. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-833-674-2112번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-833-674-2112. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Multi-Language Interpreter Service

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول بمساعدتك. هذه سيقوم شخص ما يتحدث العربية 1-833-674-2112 على مترجم فوري، ليس عليك سوى الاتصال بنا على خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-833-674-2112 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-833-674-2112. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Português: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-833-674-2112. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-833-674-2112. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-833-674-2112. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、1-833-674-2112 にお電話ください。日本語を話す人 者が支援いたします。これは無料のサービスです。

For more information, contact Ochsner Health Plan from 8:00 a.m. to 8:00 p.m. seven days a week from October 1st to March 31st and 8:00 a.m. to 8:00 p.m. Monday through Friday April 1st to September 30th at 1-833-674-2112(TTY users call 711) or visit www.ochsnerhealthplan.com.

You can access the Ochsner Health Plan provider or pharmacy directory on our website at www.ochsnerhealthplan.com.

For coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

Ochsner Health Plan is an HMO with a Medicare contract. Enrollment in Ochsner Health Plan depends on contract renewal.

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premium and/or copayments/coinsurance may change on January 1 of each year.

You must continue to pay your Medicare Part B premium.

This document is available in alternate formats (braille, large print, etc.) and other languages upon request. Please call Member Services at 1-833-674-2112 (TTY/TDD users call 711) from 8:00 a.m. to 8:00 p.m. seven days a week from October 1st to March 31st and 8:00 a.m. to 8:00 p.m. Monday through Friday April 1st to September 30th.

The pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

NOTES

Toll-free: 1-833-674-2112 (TTY/TDD users should call 711)

Hours are 8:00 a.m. to 8:00 p.m. seven days a week from October 1st to March 31st

and 8:00 a.m. to 8:00 p.m. Monday through Friday, April 1st to September 30th.

[ochsnerhealthplan.com](https://www.ochsnerhealthplan.com)



Ochsner Health Plan
1450 Poydras St., Suite 110
New Orleans, LA 70112
Member Services 1-833-674-2112
www.ochsnerhealthplan.com

Ochsner Health Plan is an HMO with a Medicare contract.
Enrollment in Ochsner Health Plan depends on contract renewal.